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1. ?? ???? ????? ????? ??????? ?? ?? ????? ????? ??? ??? ???? ????? ?????? ???? ????? ???? ???? ?????? ?? ????? ??????. ?????? ??? ?? ??? ????? ??????? ????? ???. ?????? ??? ?? 12 ??????? ?? ??? ??? ?????? ?? ??????? ????? ? ??????? ???? ????? ?????. ????? ??? ???? ?? ????? ???. ??????? ?? ??????? ??????????? ???. ???????? ????? ??????? ?? ?? ???? [4] ???? ????? ?? ??? ????? ? ??? ?????? ?????? ?????? ????? ????? ???? ???? ?????? ??? ?? 3 ???? ??? ? ??? ????? ?? 2200 ?? 2300 ? ?? 3 ???? ??? 2300 ?? 2500 ???. ????? ????? – ?? ??? ????? ??????? ?? ???? ??? ????? ????? ????? ?? ?????? ???? ? ?????? ?? ???????? ??? ???? ?????!

2. ???? ????? ?? ?????? ?? ?? ???? ???? ? ??????? ???? ???? ???? ???? ??? ???? ?? ????? ????: ????????????? ????? ????? ?????????? ???? ?????? ????? ?? ? ??????? ?? ????? ??????? [5] ????? ???????.

3. ????? ?????? ??? ???????? ?????????? ? ???? ????? ????. ????? ????? ??????? ?????? ??? ???? ?????? ??? ????? ???:

- 12% ?? 15% ????? ???? ???? ??? ?? ???? ?? ??????? ?????? ???? ?? ??? ??? ????? ???? ??????? ?????? ???? ? ??? ???? ?? ????? ????. ?? ???? 1 ?? 2 ???? ????? ???? ? ????? ??? ??????? ?? ?? ???? 3 ?? 4 ??????? ???? ? ?? ???? ??????? ??????? ? ???? ????? ?? ??? ?? 2 ???? ????? ???? ????? ??????? ???? ???? ?????? ?? ?? ??? ????? ?????? ???.
- ?????? 50 ?? 55% ???? ????? ??? ???? ?? ????????????? ????? ??????? ???? ? ??????? (5 ???? ?? ???) ? ????? ?????? ?? ???? ????? ???? ????? ???. ?? ?????? ???? ????? ?? ????? ?????? ?? ???? ? ??? ??? ??? ?? ???? ?????? ?? ??? ??????? ?????? ????? ?? ????? ?? ????? ????? ? ?? ???? ? ?????????? ???? ????? ??? ??? ???? ????. ?? ????? ???? ???? ?? ???????? ???? ???? ???? ????????? ????? ???? ??? ???? ??? ?? ?? ????? ????? ?? ??????? ??? ???? ...
- 30 ?? 35% ????? ???? ???? ??? ??? ?? ??????? ????? ??????? ????? ???????? ????? ??? ???? ??? ????? ???? ????? ?? ???? ?? ?????????? ?? ???? ???????? ? ???????? ????? ??? ?? ????? ????? ????? . ??? ? ???? ?? ?? ?? ????? ??????????. ??? ?? ????? ?? ??? ??? ?? ?????? ??? ???? ? ?? ??? ??? ?? ????? ?? ??????? ????? ????.

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- ???? ??? ?? ????? ??????? ????? ??? ??? [6].??? ????????? ????? ????? ????????? ??? ?? ?????? ?? ?? ??????? ????? ??????. ???? ??? ??? ?? ??? ?? 16 ???????? ?? ??? ??? ?? ??????? ?? 30 ???????? ?? ??? ?? ??? 3 ???? ??? ??????? ?????? ???????. ???? ???? ????? ?? ??? ???.
- ????? ???? ???? ??????? ???? ???? ????? ???. ?????? ???? ??? ???? ??? ? ?????????? ???? ?????. ???? ??? ???? ????????? ??? ???? ????? ?? ????? ?? ??????? ?? ???? ????.
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- 1 ???? ???? 100 ???? ???? ??????? ?? ??? ????? ?? ?? ?? ????? ???? ??????.
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[1] https://www.babyandme-ir.nestle.com/printpdf/9756
[2] https://www.babyandme-ir.nestle.com/%D9%86%DA%A9%D8%A7%D8%AA%DB%8C-%D8%AF%D8%B1-%D8%B1%D8%A7%D8%A8%D8%B7%D9%87-%D8%A8%D8%A7-%D8%B1%DA%98%DB%8C%D9%85-%D8%BA%D8%B0%D8%A7%DB%8C%DB%8C-%D8%AF%D9%88%D8%B1%D8%A7%D9%86-%D8%A8%D8%A7%D8%B1%D8%AF%D8%A7%D8%B1%DB%8C
[3] https://www.babyandme-ir.nestle.com/%D9%86%DA%A9%D8%A7%D8%AA%DB%8C-%D8%A8%D8%B1%D8%A7%DB%8C-%D8%B3%D9%84%D8%A7%D9%85%D8%AA-%D9%88-%D8%AA%D8%B9%D8%A7%D8%AF%D9%84-%D8%B1%DA%98%DB%8C%D9%85-%D8%BA%D8%B0%D8%A7%DB%8C%DB%8C-%D8%AF%D9%88%D8%B1%D8%A7%D9%86-%D8%A8%D8%A7%D8%B1%D8%AF%D8%A7%D8%B1%DB%8C
[4] https://www.babyandme-ir.nestle.com/%D8%A8%D8%A7%D8%B1%D8%AF%D8%A7%D8%B1%DB%8C-%D8%AF%D8%B1-%D8%B3%D9%86-%D8%A8%D8%A7%D9%84%D8%A7
[5] https://www.babyandme-ir.nestle.com/%D9%BE%D8%B1%D9%88%D8%AA%D8%A6%DB%8C%D9%86-%D8%AF%D8%B1-%D8%AF%D9%88%D8%B1%D8%A7%D9%86-%D8%A8%D8%A7%D8%B1%D8%AF%D8%A7%D8%B1%DB%8C
[6] https://www.babyandme-ir.nestle.com/%D9%85%D8%B5%D8%B1%D9%81-%D8%A2%D9%87%D9%86-%D8%AF%D8%B1-%D8%AF%D9%88%D8%B1%D8%A7%D9%86-%D8%A8%D8%A7%D8%B1%D8%AF%D8%A7%D8%B1%DB%8C
[7] https://www.babyandme-ir.nestle.com/javascript%3A%3B