

????? ??? ? ? ????? ?????? ????? ????? ?????? ????? ?????? (https://www.babyandme-ir.nestle.com)

???? > ????? ?????? ?????? ? ?? ????? ?????? ?????? ?? ???????!



????? ?????? ???????? ? ?? ?????? ?????? ???????? ??
????????!

????? ?? ?? ??? ????? ?? 7 ?????? ??? ? ?? ?????? ?????? ?????? ?????? ?????? ?? ?????. ??? ??? ??????
????????? ??? ??????

?????//

- ^[1] ???
- ^[2] ???

?? ?????? ?????? ???????? ? ?????? ???????? ???????? ?????? ?????? ??? ?????? ?????? ?? ?????? ?
????????????? ?????? ?? ?????? ?????? ???. ?? ?????? ?????? ???????? ?? ??? ?????? ?????? ?????? ??????

????? ?????? ??? ?????? ???????? ?????? ?????????????? ?????? ??????! ??? ??? ?????????? ?????? ?????? ?????? ??
?????? ?????????? ?? ?????? ?????? ??? ??? ?????? ?????? ??? ?????? ?????????? ?????? ?????! ?? ?????????????? ???
????? ?????????? ?? ??? ?????? ?? ?????????????? ???.

?? ??????????? ?? ??? ??? ? ?????????? ?????? ? ???????? ?????? ??? ?? ?????? ?????????? ?? ?????? ?????
?????????????? ???. (?? ??? ??? ?? ?????? ?????? ?? ?????? ??????) ? ?????? ?????? ?????? ?????? ??????.

?? ?? ?????? ?????? "??" ?? ?????? ??? ??? ??????????. ?????? ?? ?????? ?????????? ?? ?? ?????? ? ?????????? ??
????? ?????? ?????? ?? ?????? ?? ?? ?????? ?????? ??? ?????? ???????????! ?? ?????????? ?????????? ?? ?????????? ??????

???? ?????? ??????? ?? ?? ?????? ? ??????

??? ?? ?????? ??????? ????? ?? ?????????? 6 ?????? ?????? ??? ??? ?????? ?? ?????? ?? ?? ?????? ?????
????? ??? ? ?????? ????? ?? ?????? ?? ?? ?????? ??? ????. ?? ?? ?? ??? ??? ?? ?????? ?? ?? ??? ??????
???????

????? ??????? ?? ??? ?????? ??????? ???. ???? ?????? ?????? ?????? ?????? ?? ??? ?????? ??????? ???????
?? ??? ?????? ?? ??? ?????? ?????????? ?? ?????? ?? ?????? ?????? ??????? ??????????. ?? ?? ?????? ?? ???????
???? ?????? ?????? ?????? ?????? ?????? ?????? ??????

?? ?????? ?????? ????: ?? ??? ??? ?? ?????? ?????? ?? ?????? ??? ?????? ?????? ?????? ?????? ??? ?????? ??????
???? ?????? ???:

- ????? ? ?????
- ????? ?? : ????????? ?????? ?????? ??????: ????? ?????? ?????? ??????? ?? ? ?????
- ?????????: ?????? ??????? ? ?????? ??? ?? ?????? ?????? ?? ??????????? ?? ?? ?????? ?????? ??????????. ???
????????? ?????? ?? ?????? ?????????? ?????? ??????? ?????? ??? ?? ?????? ?????? ?? ?????? ?? ?? ?? ??
????????? ??????

????? ????????? : ??? ? ?????? ??????? ?????? [5]

????? 6 ??????

???? ? ??? ????

?? 6 ?? 8 ?????? ?????? ??????? 2 ?????? ?????????? ?? ?? ?????? ?????? 10 ??? ?????? ? ?? ??? ?????? ?????? ???.

????? ?????????? ??? ?? ??? ?? ?????? ??? ?????????? ?? ?? ?????? ??? ?????? ???.

- ????? ??????? ??????????? ?????? ??????? ?????????? ??????? ?????? ? ?? ?????? ?????????? ? ... ?????
?????? ?????? ?????? ?????? ?????????????????? ?????? ??????!

8 ?? 12 ??????

?? ??? ??????? ??? ?? ?????????????? ?????????? ?????? ?????? ?????? ??? ?? ?????? ?????? ?????? ?????? ??????
????? ?????????? (?????? 500 ??????????? ?? ???) ?????? ??? ?? ??? ? ?? ?????? 4 ?????? ?????? (?????????
????????? ??????? ? ???) ?????????? ?? ?????????? ?????? ??? ??????????:

- ?????????????????? ?? ?????? ??????? ?????? ??? ?????? ?????? ?????? ?????????? (?????????)? ?????? ?????? ??????????
??? ??????????? ? ... ??????????
- ?????
- ?????? ?? ??? ?????? ??? ?????? ??? ?? ?? ?????? ?? ?????? ??? ?????? ?? ??????
- ??????? ?????????? ?????? ???
- ????? ? ?????????? ??? ? ?????? ??? :????? ?????? ?????? ?????????? (????????? ??????)? ??????(????? ???????
???...)

????????? ??? ?????? ?? ?????? ?????? ?? ?????? ??????

?????? ????????? : ??? ??? ??????? ??????? [6]

??? ?? ?????? ?????? ?????????? ?? ??? ?????????? ?????????? ? ??? ??????. ??? ?????????? ?? ??? ?????? ?????? ??

??????

????? ???? ????? 15 ????."?? ?? ? ???? ???? ???? ???? ???? ???? ???? ???? ???? ???? ???? ???? ???? ????
?????? "??????????????? !!"? ? ???? ? ? 20 ????? ? ? ???? ???? ???? ? ???? ???? ? ???? ? ? ? ? ?
????? ????? ? ? ????????? ???? ? ? ? ???? ?

**???? ?????? ????? ???? ???????? ????????? ?????? ????????? ???? ? ???? ????????? ????????????? ??????
????????????? ????? ? ????? ?????? ?????? ?????????? ???? ?????? ? ???? ? ???? ? ???? ? ???? ? ???? ? ???? ?
???? ???? ???? ? ?????? ?????? ???
???????? ????.

????? ????????? [8]

????? ?????: <https://www.babyandme-ir.nestle.com/%D8%B4%D8%B1%D9%88%D8%B9-%D8%AA%D8%BA%D8%B0%DB%8C%D9%87-%D8%AA%DA%A9%D9%85%DB%8C%D9%84%DB%8C-%D9%88-%D9%87%D9%85%D9%87-%DA%86%DB%8C%D8%B2-%D8%AF%D8%B1%D8%A8%D8%A7%D8%B1%D9%87-%D8%A2%D9%86>

????????

- [1] <https://www.babyandme-ir.nestle.com/printpdf/10046>
- [2] <https://www.babyandme-ir.nestle.com/%D8%B4%D8%B1%D9%88%D8%B9-%D8%AA%D8%BA%D8%B0%DB%8C%D9%87-%D8%AA%DA%A9%D9%85%DB%8C%D9%84%DB%8C-%D9%88-%D9%87%D9%85%D9%87-%DA%86%DB%8C%D8%B2-%D8%AF%D8%B1%D8%A8%D8%A7%D8%B1%D9%87-%D8%A2%D9%86>
- [3] <https://www.babyandme-ir.nestle.com/%D8%B1%D9%88%D8%B4-%DA%AF%D8%B1%D9%81%D8%AA%D9%86-%D8%A2%D8%B1%D9%88%D8%BA-%D9%86%D9%88%D8%B2%D8%A7%D8%AF>
- [4] <https://www.babyandme-ir.nestle.com/%D8%AA%D8%BA%D8%B0%DB%8C%D9%87-%D8%AA%DA%A9%D9%85%DB%8C%D9%84%DB%8C-%DA%AF%D8%A7%D8%B2-%DA%AF%D8%B1%D9%81%D8%AA%D9%86-%D9%88-%D8%AC%D9%88%DB%8C%D8%AF%D9%86-%D9%86%D9%88%D8%B2%D8%A7%D8%AF>
- [5] <https://www.babyandme-ir.nestle.com/%D8%B1%D8%B4%D8%AF-%D9%88-%D8%AA%DA%A9%D8%A7%D9%85%D9%84-%D8%A8%DB%8C%D9%86%D8%A7%DB%8C%DB%8C-%D9%86%D9%88%D8%B2%D8%A7%D8%AF>
- [6] <https://www.babyandme-ir.nestle.com/e-learning/%D9%87%D9%85%D9%87-%DA%86%DB%8C%D8%B2-%D8%AF%D8%B1%D8%A8%D8%A7%D8%B1%D9%87-%D8%B4%DB%8C%D8%B1%D8%AF%D9%87%DB%8C>
- [7] <https://www.babyandme-ir.nestle.com/%D8%A2%D9%85%D8%A7%D8%AF%DA%AF%DB%8C-%D8%A8%D8%B1%D8%A7%DB%8C-%D8%B4%DB%8C%D8%B1%D8%AF%D9%87%DB%8C>
- [8] <https://www.babyandme-ir.nestle.com/javascript%3A%3B>